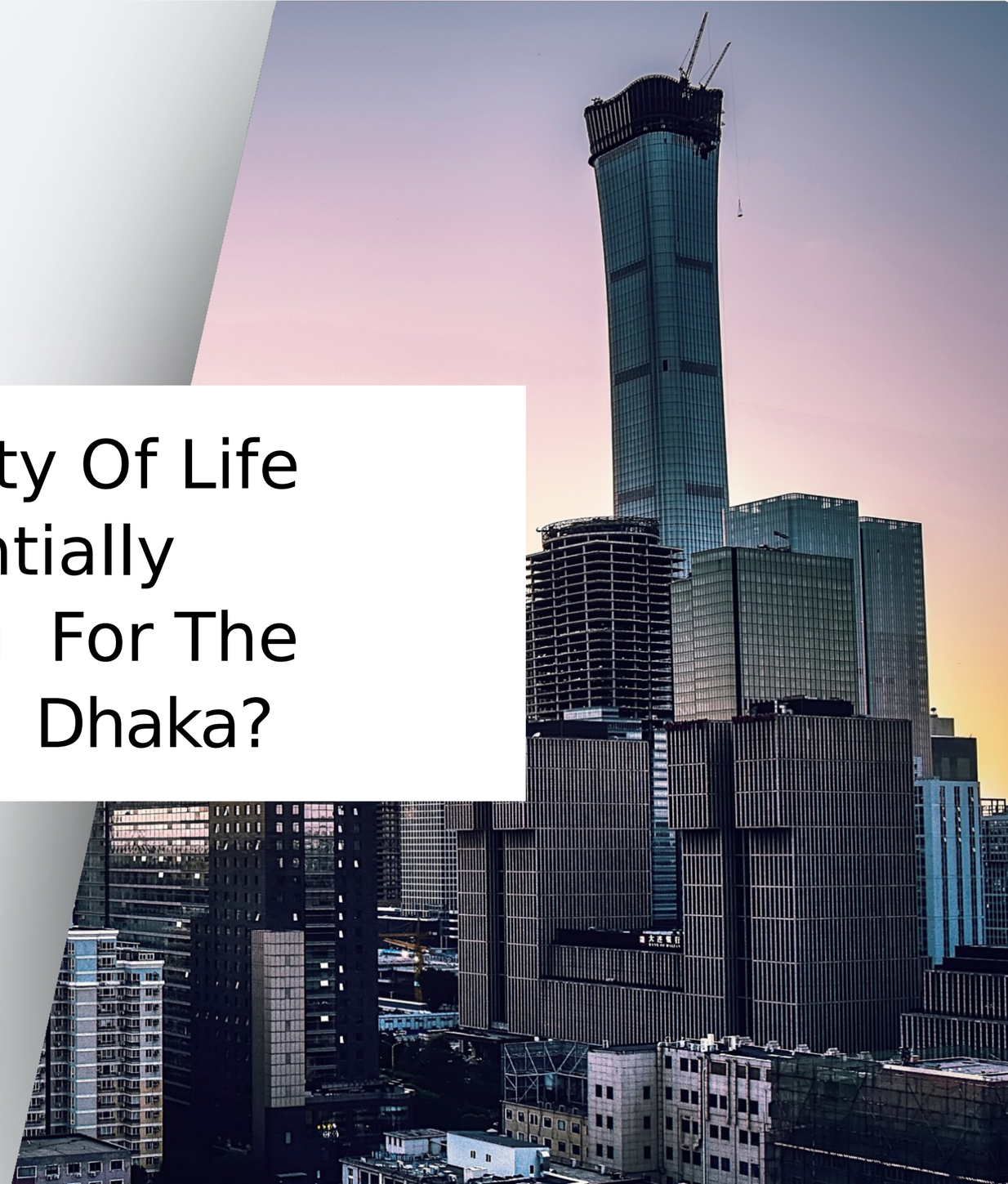
Is The Quality Of Life Substantially Decreasing For The People OF Dhaka?



Name: Sayra Iffat
ID: 2233607615
Course: ENG111
Section: 22
Faculty: MaNa
Speech:
Informative



Heavy Traffic



Inferior Air Quality


Unplanned



ELEMENTS OF QUALITY OF LIFE

01 Physical health

02 Mental health

03 Education status

04 Work environment

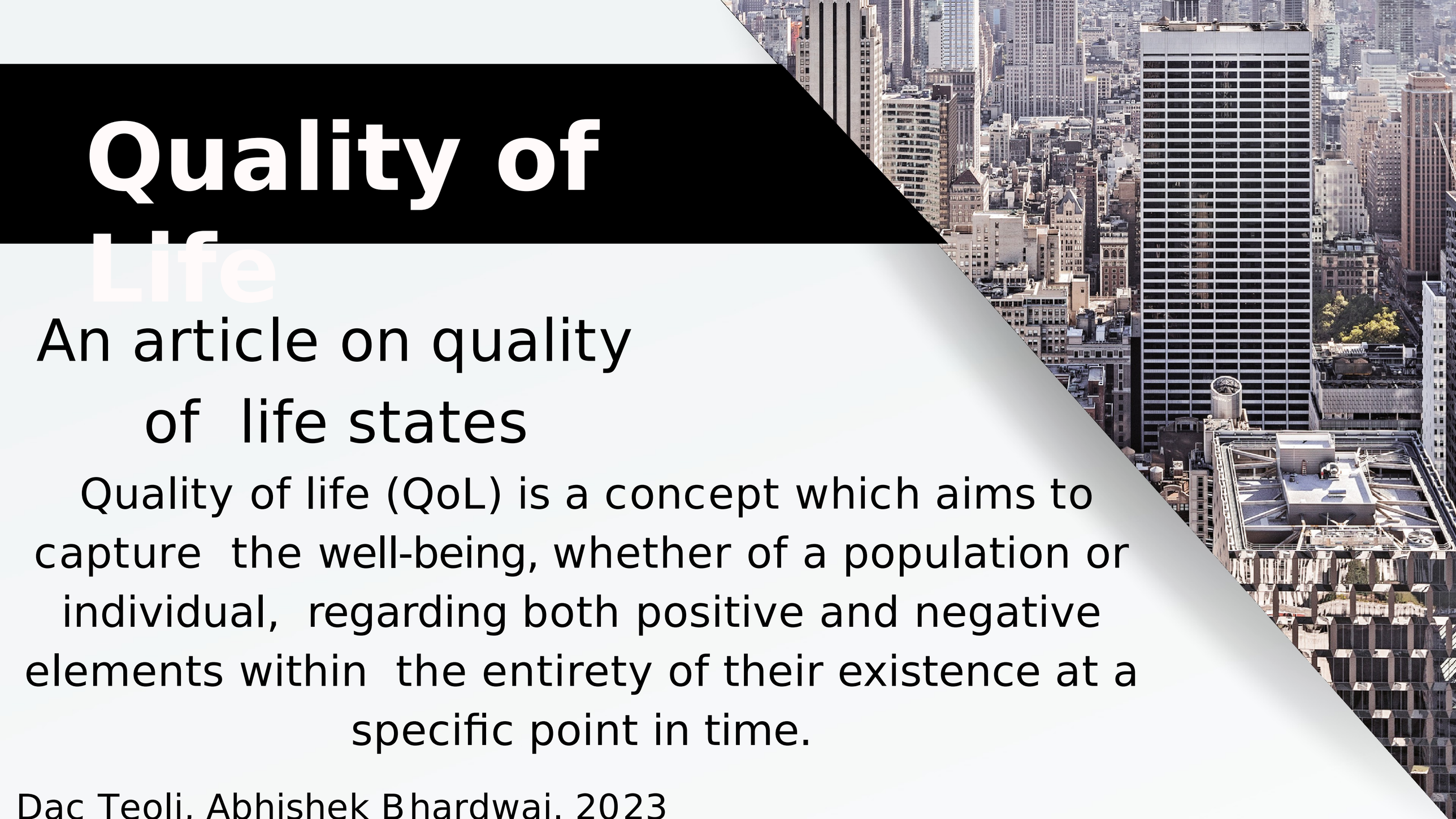
05 Social status

06 Wealth

07 Freedom

08 Physical Surroundings

Quality of Life



An article on quality of life states

Quality of life (QoL) is a concept which aims to capture the well-being, whether of a population or individual, regarding both positive and negative elements within the entirety of their existence at a specific point in time.

Dac Teoli, Abhishek Bhardwaj, 2023



“A city's infrastructure, or rather the lack thereof, can considerably affect the quality of living that expatriates and their families experience on a daily basis,” said Slagin Parakatil, Principal at Mercer and responsible for its quality of living research.



Index:

Low

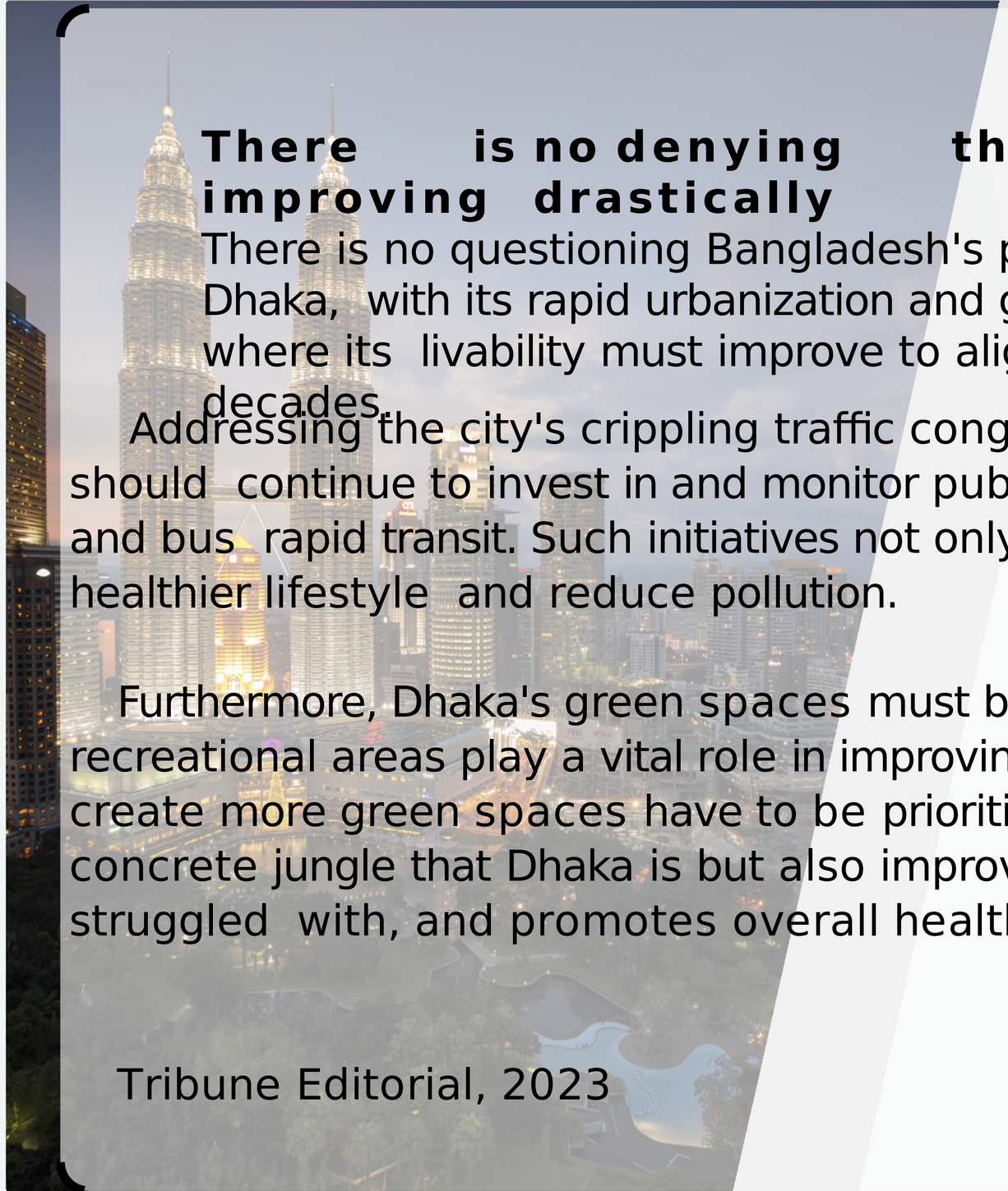
Ranking in global context

Dhaka, the capital city of Bangladesh, holds the 166th position jointly with Harare, Zimbabwe, out of 173 countries on the Global Liveability Index 2023, also by EIU. It stands as the seventh least liveable city on the index.



How we can improve the quality of life

1. **Promoting urban agriculture**
2. **Encouraging healthy diets**
3. **Reducing and managing food waste**
4. **Boosting green spaces for healthier environments and improved lifestyles**



There is no denying the fact that Dhaka is improving drastically

There is no questioning Bangladesh's potential to reach its economic goals. However, Dhaka, with its rapid urbanization and growing population, stands at a crucial juncture – where its livability must improve to align with Bangladesh's ambitions for the next two decades.

Addressing the city's crippling traffic congestion is most imperative. The government should continue to invest in and monitor public transportation systems such as metro lines and bus rapid transit. Such initiatives not only reduce congestion but also promote a healthier lifestyle and reduce pollution.

Furthermore, Dhaka's green spaces must be expanded and protected; parks, gardens, and recreational areas play a vital role in improving the quality of life for city dwellers. Initiatives to create more green spaces have to be prioritized. This not only provides respite from the concrete jungle that Dhaka is but also improves air quality, something Dhaka has long struggled with, and promotes overall health and well-being.

Tribune Editorial, 2023

Refrences

1. https://www.ncbi.nlm.nih.gov/books/NBK536962/#:~:text=For%20example%2C%20common%20facets%20of,belonging%20and%20their%20physical%20surroundings.
2. https://www.thedailystar.net/backpage/quality-living-dhaka-ranked-214th-among-231-cities-1376674
3. https://www.numbeo.com/quality-of-life/in/Dhaka
4. https://www.tbsnews.net/features/panorama/dhaka-paying-high-live-unliveable-city-770190
5. https://www.fao.org/newsroom/story/Five-ways-to-make-cities-healthier-and-more-sustainable/en
6. https://www.dhakatribune.com/opinion/editorial/314119/transforming-dhaka-for-a-prosperous-bangladesh


THANK YOU











